NEWS RELEASE **June 11, 2009**

Xtra-Gold Resources Prepares to Commence a Phase II Drill Program Designed to Extend Gold Mineralization at the Kibi Gold Trend Project in Ghana

Xtra-Gold Resources Corp. ('Xtra-Gold' or 'the Company') – 'XTGR' (OTCBB – NASD) is pleased to announce that a minimum 3,500-meter Reverse Circulation ('RC') drill program is scheduled to commence on or about July 6, 2009 at its wholly-owned Kibi Gold Trend Project, located in the Kibi – Winneba greenstone belt ('Kibi Gold Belt'), in Ghana, West Africa**.** The Company's geological team is presently on the ground preparing access roads and drill sites for the 30 to 35 hole RC program designed to build on the results of the Phase I diamond drill program completed last October. This initial scout drilling program intersected widespread, classical granitoid – hosted gold mineralization in Zone 2 of the Kibi Gold Trend; an over 5.5 km long, NE – trending, anomalous gold-in-soil trend characterized by four (4) extensive higher grade zones ranging from approximately 800 meters by 75 – 300 meters to 1,000 meters by 100 – 500 meters in area.

The minimum 3,500-meter Phase II drill program will test the dip and strike extensions of the four (4) gold target zones identified in Zone 2 during the Phase I drill campaign to RC depths of up to 150 meters, assess the depth continuity of gold mineralization discovered in trenches excavated in Zone 3, an approximately 1,000 meter by 100 – 500 meter gold-in-soil anomaly located approximately 700 meter southwest of last year's Zone 2 drilling, and test Induced Polarization ('IP') / Resistivity anomalies spatially associated with the Kibi gold-in-soil trend. Mechanized trenching, targeting untested gold-in-soil anomalies, geophysical anomalies, and extensions of known mineralization in Zone 2 and Zone 3, is also planned in conjunction with the road and drill site preparation program in order to further define drill targets.

Thirteen (13) out of the 15 holes drilled on Zone 2 during the Phase I drill program, targeting gold mineralization discovered in four (4) trenches, TKB005, TKB004, TKB006, and TKB009 – 010, spread out over an approximately 975 meter E – W distance on the Zone 2 gold-in-soil anomaly, yielded significant gold intercepts, including 10 holes intersecting significant granitoid – hosted gold mineralization over 7 meter to 45 meter core lengths (see press releases dated December 10, 2008 and January 8, 2009).

The limited Phase I drilling traced the granitoid – hosted gold mineralization over a 200 meter strike length and to a vertical depth of 100 meters at the Trench TKB004 Zone, including gold intercepts of: **2.11 g/t gold over 25.4 meters; 0.87 g/t gold over 15 meters and 1.28 g/t gold over 33 meters; 2.24 g/t gold over 16 meters; and 2.78 g/t gold over 15 meters in holes KBD08012, 013, 014, and 015, respectively.** Similarly mineralization at the Trench TKB005 Zone was traced over an approximately 135 meter strike length and to a vertical depth of 76 meters in holes KBD08003 & 004 and KBD08010 & 011. Including significant intercepts of **8.49 g/t gold over 12 meters and 4.83 g/t gold over 7 meters in holes KBD08004 and KBD08010, respectively**. All four (4) Zone 2 gold target zones remain open at depth and along strike.

Mineralized material consists of altered quartz diorite and tonalite exhibiting quartz – iron carbonate veining, and disseminated sulphides. Mineralization discovered to date by trenching and/or drilling on Zone 2 and Zone 3 appears to be hosted by swarms of granitoid bodies, ranging from 5.5 meters to 79 meters in core length, interpreted to be emplaced along splay structures off an inferred NE – trending regional structure.

A manual trenching program encompassing 14 trenches totaling approximately 1,000 linear meters completed in October 2008 on the approximately 1,000 meter by 100 – 500 meter Zone 3 gold-in-soil anomaly, located approximately 700 meters southwest of last year's Zone 2 drilling, also produced encouraging gold assay results in association with granitoid-hosted mineralization (see press release dated January 8, 2009). To date saprolitic occurrences of altered granitoid exhibiting quartz – iron carbonate veining and oxidized sulphide sites have been encountered in six (6) trenches on Zone 3.

Highlights include channel sample intercepts of **4.93 g/t gold over 45 meters, including 10.12 g/t gold over 12 meters; and 1.60 g/t gold over 18 meters, including 9.89 g/t gold over 2 meters, in trenches TAD019 and TAD016, respectively**. In addition reconnaissance trenching of the Zone 3 gold-in-soil anomaly in 2006 yielded an intercept of 1.09 g/t gold over a 10 meter trench length in trench TAD001 – TAD004. The remaining three (3) mineralized granitoid occurrences yielded lower grade but exploration significant, anomalous gold values.

Extensive, strongly indurated, lateritic clays and gravels prevented the proper testing of some gold-in-soil anomalies due to the fact that the saprolite horizon was not reachable at many localities in the hand dug trenches. Mechanized trenching is planned in conjunction with the present road and drill site preparation program to further test the geochemical signature of the Zone 3 gold-in-soil anomaly at depth within the saprolite horizon in order to further define drill targets.

The Phase I drilling results on Zone 2 and the Zone 3 trenching results established the widespread occurrence of granitoid-hosted gold mineralization along the Kibi Gold Trend and confirmed that the mineralization intersected on Zone 2 exhibits potential to extend along strike and at depth. In addition results to date demonstrate that the granitoid – hosted gold mineralization occurrences present along the Kibi gold-in-soil trend offers potential for shallow oxide mineralization amenable to bulk mining and heap leaching, as well as large primary gold systems at depth. It is apparent that additional trenching and follow-up drilling is justified on these, and other targets along the extensive Kibi gold-in-soil trend.

A Kibi Gold Trend soil geochemistry map, drill and trench plans, and significant drill and trench gold intercept tables can be found on the Company website (www.xtragold.com).

Quality Control

Reported intersections represent core – lengths; true width of mineralization is unknown at this time. Individual sample results were length weighted to yield average composite interval grades as reported. Intersections are constrained with a 0.25 g/t gold minimum cut-off grade at the top and bottom of the intercept, with no upper cut-off grade applied, and a maximum of five (5) consecutive meters of internal dilution (less than 0.25 g/t gold). All internal intervals yielding above 10 g/t gold are indicated within the intersection. Intersections of less than 5 g/t gold x meter – grade thickness are not reported.

The Company has implemented a quality – control program to ensure best practice in the sampling and analysis of the Drill Core, Reverse Circulation ('RC') samples, and Trench Channel samples. Drill core is HQ diameter in upper oxidized material (regolith) and NQ diameter in the lower fresh rock portion of the hole. Drill core is saw cut and half the core is sampled in standard intervals. The remaining half of core is stored in a secure location. RC

samples are taken at one meter intervals under dry drilling conditions by experienced geologists, with all samples weighed on site. Trench samples consists of continuous, horizontal channels collected from a canal excavated along the bottom sidewall of the trench (~ 0.10 meter above floor). All samples are transported in security – sealed bags to the ALS Chemex Laboratory in Kumasi, Ghana. Samples are analyzed by industry standard 50 gram fire assay fusion with atomic absorption spectroscopy (AAS) finish; with gravimetric finish on samples exceeding 10 g/t gold. The Company inserts a certified reference standard, analytical blank, and field duplicate sample in every batch of 20 drill core samples and every batch of 40 trench channel samples. Validation parameters are established in the database to ensure quality control.

Xtra-Gold's Vice President, Exploration, Yves Clement, P.Geo, is the Qualified Person for the Kibi Gold Trend project, as defined in National Instrument 43-101 developed by the Canadian Securities Administrators, and has prepared or supervised the presentation of the technical data mentioned in this news release. Mr. Clement is a member in good standing of the Association of Professional Geoscientist of Ontario (APGO).

About Xtra-Gold

Xtra-Gold Resources Corp. is a gold exploration company with a dominant land position in the highly prospective and under explored Kibi – Winneba greenstone belt ('Kibi Gold Belt') located in Ghana, West Africa. The Kibi Gold Belt exhibits many similar features to Ghana's main gold belt, the Ashanti Belt. Approximately 116 million ounces of gold have been discovered to date in this neighboring, geologically analogous Birimian greenstone belt (based on publicly available information).

For further information, please visit our website at www.xtragold.com. If you have any questions, please contact James Longshore, President, at 416-579-2274.